PTSD CHECKLIST -- MILITARY VERSION (PCL-M) SCORING CRITERIA

--Each column has points associated with it

Not at all = 1
A little bit = 2
Moderately = 3
Quite a bit = 4
Extremely = 5

--Add up the total for questions 1-17. The question, “Has anyone indicated that you’ve changed since the stressful military experience?” has been added for Life Skills purposes only and was not included in the original template.

--Cutoff Score: 50


McGlothlin, Feb 2005