

Community-Based Core Values Action Plan

Three-Pronged Approach targeting 20% reduction in DUI and 10% reduction in UAD at FE Warren AFB. Targeting individuals, base, and base/surrounding community.

Initiative	OPR	Status
Core Values/Informational Postings/Norming Campaign		
Squadron CC 1:1		
Squadron CC footstomping		
Unit Champions: Core Values, ORM meetings, unit-specific interventions		
Training of front line supervisors: EPD, ALS, OPD	IDS and Family Advocacy	Ongoing
Publicity of Positives and of Legal Consequences of Drinking		
FTAC/Rightstart	Life Skills	Ongoing
Operation Wingman/Arrive Alive Programs		Ongoing
Airmen Against Drunk Driving		
DUI/Underage Drinking Scorecard	Safety	Ongoing
ADAPT	Life Skills	Ongoing
Life Skills briefing	Life Skills	Ongoing
Gate checks		Ongoing
Dorm walk-throughs		Ongoing
Dry Dormitories		
Wing CC letter to liquor establishments		
Off-limits establishments		
Activities Center		
Activities advertisement		
SF/CPD/FtCPD Ride Alongs/Coordination		

See the following website for the empirical evidence and recommendations used in development of this plan:

http://www.collegedrinkingprevention.gov/Reports/TaskForce/CallToAction_02.aspx

Core Values Initiatives To Reduce Alcohol-related Incidents

DISCUSSION: The alcohol related death to an Airman and the sudden rise in alcohol-related incidents, particularly with underage drinking has required us to take a holistic approach toward the problem. Many issues are intertwined with alcohol misuse. Some we control; some we do not. We must find the solutions that will convince all Airmen that alcohol-related incidents are not acceptable...period. Our approach as we searched for solutions is to tie them to the core values. It is these values that we want our Airmen to uphold. If they do, then the problem will atrophy.

- Core Values Campaign: Continue efforts to link AF core values and behavior on and off duty. Dr. Zink spoke on core values; numerous articles have been presented in base paper; Squadron One on Ones and Unit Champions efforts work convergently with campaign. Additional method of posting information regarding alcohol and other issues in dorms and other public buildings, topics updated every 2-3 weeks. An additional possibility would be to purchase copies of Dr. Zink's book, "Using Values to Make Good Choices Every Day" for every Airman arriving on base, discussing at FTAC and in CC One-to-One, helping each airman set healthy goals and emphasizing appropriate behavioral steps towards achieving those goals (e.g. setting goal for achieving a Squadron award within a year and discussing how to do that).

-- Effect: Build strong awareness of alcohol and other misbehavior issues, relevance of appropriate behavior, and core values as guiding principles towards achieving their personal goals.

-- Status: Open

- Squadron CC One to One: Squadron Commanders meet with all personnel entering their unit for individual or small group discussion emphasizing core values and behavior, including alcohol, safety, and other issues the CC wants to emphasize. Supervisors have similar "refresher" with individuals at annual feedback session.

-- Effect: Give clear message from day one that responsible behavior regarding alcohol and other issues is expected by all levels of command; set the tone that is reinforced through other initiatives.

-- Status: Open

- Squadron CC "Footstomping": Commanders use opportunities of CC Calls and other venues to reinforce the importance of health behavior and reducing alcohol misuse; provide feedback to unit progress in reducing problems and helping each other; praise positive choices troops make.

-- Effect: Give clear message that responsible behavior regarding alcohol and other issues is expected; set the tone that is reinforced through other initiatives.

-- Status: Open

- Unit Core Values Champions: Volunteer/appoint 1-2 CGOs and 1-2 NCOs to champion core values behavior for the unit and serve as unit POCs. Champions would receive training and resources from Life Skills and IDS. Champions could utilize various methods to address the problem (e.g. speak at Commander's Calls, conduct small group meetings after alcohol incidents). Would collaborate with IDS and unit leadership; Champions would meet as group, supported by IDS, to discuss progress, trends, and plans for further actions on the base.

-- Effect: Reinforce that responsible alcohol behavior is important, build atmosphere of "buddy care" and peer pressure to "do the right thing"; present messages from peer and front line supervisor level; have organized and integrated actions for the base community.

-- Status: Open

- Training and Resource Materials for Supervisors: Provide basic training and information/resource manual to supervisors in how to address and/or refer members with problems to IDS agencies' services.

-- Effect: Increase supervisors' comfort and skill in addressing troops' alcohol/health/other life issues, and supervisors' familiarity and ease referring to the relevant base resources.

-- Status: Curriculum completed by IDS, has been integrated into EPD, ALS, and OPD, and could be offered to current supervisors.

- Publicity of Positives and Legal Consequences of Drinking: Publicize general information of results of legal/discipline actions for misbehavior (ongoing); publicize efforts of airmen to make good choices, to sponsor nonalcoholic events and services, and to help their peers.

-- Effect: Build awareness of pros and cons of alcohol behavior; reinforce good choices.

-- Status: Open

- FTAC/Rightstart: Briefings conducted to newcomers to base regarding alcohol and other issues. Conducted by Life Skills, Family Advocacy, and DDRP staff.

-- Effect: To educate people about alcohol use and misuse issues, and about resources available to them at F.E. Warren.

-- Status: Ongoing

- Operation Wingman/Arrive Alive Programs: Through the command post and agreements with the local taxi company, impaired drivers and passengers can get rides to return to residence if needed. Many squadrons give members a card they keep with the number of the taxi company. Member gives card with name to driver and the company comes to the squadron booster club for payment. Anonymity is key to the success, as the monitor will not release the name of the user.

-- Effect: Use the program to arrive back safely. This is a safety net in case the plan for safe travel breaks down.

-- Status: Ongoing

- Airmen Against Drunk Driving: Program is designed to help anyone who gets caught without a plan. Airmen volunteer to pick up other airmen who require a ride back to

there residence. Program requires revamping to cover all days of the week and to provide an incentive for those to volunteer.

- Effect: Airmen understand and want to use this program if they become impaired.
- Status: Ongoing

- **DUI/Underage Drinking Score Card:** Remind all who leave the base the current stats on DUI and Underage drinking violations; provide feedback to everyone on how we are doing.

- Effect: Constant reminder that DUI and underage drinking is not tolerated.
- Status: In place

- **Alcohol and Drug Abuse Prevention and Treatment Program:** Provide education and treatment for all persons having an alcohol related incident or possible substance problems.

- Effect: Reduce substance misuse, treat alcohol abuse and dependent members, and return to full duty.
- Status: Ongoing

- **Life Skills Briefing:** Annual briefing in prevention of suicide, violence, and alcohol problems.

- Effect: Educate individuals in how to get help; educate peers and supervisors in how to recognize warning signs, provide support, and utilize resources; a more detailed training for commanders is provided as part of squadron commander course.
- Status: Ongoing

- **Gate Checks & Dormitory Walk Throughs:** Increase enforcement; get leadership into the dormitories to show a caring attitude.

- Effect: To demonstrate commitment to reducing alcohol misuse, and catch airmen doing what's right.
- Status: On-going

- **Dry Dormitories:** Create dormitories that are for underage members to give them a better chance of avoiding mistakes.

- Effect: Reduce availability of alcohol, facilitate enforcement, create environment without readily available alcohol for persons at most risk. Peer pressure to do the right thing is the ultimate goal.
- Status: Open

- **Wing Commander Letter to Liquor Establishments:** Clarify the relevant laws regarding responsible beverage service, request that 2 forms of ID be checked (require that for on-base establishments); review possibilities of establishments being placed "off-limits" for military personnel for repeated problems.

- Effect: Improve regulation in the community.
- Status: Open

- **Disciplinary Control Board:** This board would be used to put establishments off limits that continue to sell alcohol to underage airmen.

-- Effect: Reduce the opportunity for underage drinkers to get alcohol

-- Status: Open

- **Activities Center:** Develop facility for non-alcohol activities on weekends.

-- Effect: Have place and activities for airmen who choose not to drink and/or are encouraged not to drink to socialize and have fun, such as a coffeehouse or recreational center open extended hours.

-- Status: Open

- **Investigate a “ride along” program with local law enforcement:** Program would allow base members an opportunity to ride with local police and show a presence in the community. Incidents involving AF members can be resolved quickly, often before a problem occurs.

-- Effect: Presence will encourage AF members to uphold the standards 24/7. Underage drinkers would be less likely to do it if they knew some one from the base might walk in and see them.

-- Status: Open