

Bucket 2: Surgeon General's CoRC Toolkit Information Sheet

Purpose: Selected/Secondary Prevention through targeted, individualized, non-anonymous alcohol and drug screening at Primary Care and Flight Medicine

- *Preventive Health Assessment (PHA):* Everyone screened annually, feedback provided, and referred as needed
- *Routine Care:* Options for screening, brief intervention and referral as part of routine care

Guidance: Should annually screen for high risk drinking (PHA and/or Routine Care)

Basics:

- Recommended process: see information sheet in toolkit (Brief Alcohol Screening Technique)
- Recommended assessment tool is the AUDIT-C (see toolkit for AUDIT-C and details of other screening measures)
 - o If positive on screening measures, make appropriate fitness for duty determinations (e.g. flight status, Personnel Reliability Program, weapons, etc..)
 - Note for those patients at significant risk: If provider suspects fitness for duty issues, abuse or dependence you must refer to Alcohol and Drug Abuse Prevention and Treatment (ADAPT) per AFI 44-121. Also, all personnel with alcohol related incidents must be referred to ADAPT per AFI 44-121
 - Recommend use of your Behavioral Health Optimization Program (BHOP). See toolkit for materials to support Behavioral Health Consultant/BHOP activities.
 - As appropriate, refer to Life Skills Support Center (LSSC)/ADAPT. Refer to LSSC if you suspect co-morbid behavioral health conditions. Refer to ADAPT if you suspect alcohol misuse in absence of significant co-morbid behavioral health conditions

Toolkit Materials

- Power Point presentation about *Clinical Assessment of Alcohol Use*
- PowerPoint presentation for training personnel in primary care about *Screening for Alcohol Misuse and Alcohol Use Disorders*
- A two page screening process, recommended for primary care, that includes a flow chart
- Two handouts about risk related to U.S drinking patterns
- Information about coding and documenting these screening and brief intervention practices
- A summary document of different alcohol screening tools
- Information about why the AUDIT-C is recommended
- The AUDIT-C
- National Institute on Alcohol Abuse and Alcoholism's *Clinician's Guide: Helping Patients Who Drink Too Much* (2005) plus the pocket guide
- World Health Organization's *Guide/ For Hazardous and Harmful Drinking: A Manual for use in Primary Care*
- A toolkit specific to Behavioral Health Consultants in working in BHOP