

Bucket 4: Surgeon General's CoRC Toolkit Information Sheet

Purpose: Develop resource guide for Alcohol and Drug Abuse Prevention and Treatment (ADAPT) and Drug Demand Reduction (DDR) staff to use to help them in their role as subject matter experts and consultants to Commanders

Toolkit Materials:

- *A Subject Matter Expert Handbook* with core competencies to be a consultant for CoRC that includes:
 - o The Role of Subject Matter Expert
 - Overview
 - ADAPT Program Management
 - DDR Program Management
 - Prevention Concepts and Terms
 - Screening
 - Social Norms
 - o The Art of Consultation
 - Overview
 - Establishing Credibility
 - Knowing and Understanding Subject Matter
 - Knowing and Understanding Customers
 - The Consulting Process
 - o Recommended Resources
 - Priority Checklist
 - Recommended Reading
 - Training Opportunities
- Presentation that Program Managers can deliver to the Integrated Delivery Service/Community Action Information Board or directly to Commanders to outline what they can do to help them in a community effort
- *A Prevention Primer* from Health Research and Educational Trust with good suggestions for building a community prevention plan
- A summary document of different alcohol specific screening tools
- National Institutes of Health's Guide: *A Call to Action: Changing the Culture of Drinking at U.S. Colleges*. While it is not a perfect model for the Air Force, it is a good set of evidenced based recommendations for a community. Further, many of the recommendations translate well to an Air Force base. This document served as part of the foundation of CoRC.
- Multiple supporting documents and programs for Drug Demand Reduction staff