



OFFICE OF THE COMMANDER
90th SPACE WING (AFSPC)
5305 Randall Avenue
Francis E. Warren Air Force Base, Wyoming 82005-2266

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Dear F. E. Warren Family Member

I need your help. Members of the 90th Space Wing represent thirty racial and ethnic backgrounds, thirty countries of origin, and forty religious denominations. As a microcosm of society, our military culture inherited society's diversity and its challenges. Among those challenges is the irresponsible consumption of alcohol. This letter has three purposes: to inform you of our commitment to create a responsible drinking culture, to point out that consequences of irresponsible drinking directly impacts you, your finances, ability to live on base and your safety, and to identify resources if you or a family member need help. As a valued part of our community, together we can solve this issue.

Irresponsible drinking is a concern for all F. E. Warren and Cheyenne leaders. For our part, we developed a comprehensive plan, underwritten by national research, to promote healthy, low-risk, responsible drinking and reduce factors associated with alcohol abuse. We are not alone; federal, state, and private organizations provide invaluable guidance and support. Our motto for this campaign is: **0-0-1-3**. Zero drinks if underage, zero DUIs/DWIs, one drink per hour maximum, and no more than three drinks a night. Our intent is to keep a person's blood alcohol content (BAC) below .05%. A BAC above .05% decreases fine motor skills, clouds judgment, and lessens inhibitions, with the severity of impairment increasing as BAC goes up.

National research defines *binge drinking* as more than three drinks (for women) or four drinks (for men) per occasion. Binge drinkers are more likely to engage in high-risk, dangerous behaviors and up to ten times as likely to be a victim or aggressor in a physical or sexual assault, experience serious accidental injury, drive recklessly, and damage property. Active duty members charged with an alcohol-related incident face many consequences: non-judicial punishment, demotion, pay forfeiture, loss of driving privileges, insurance increases, fees and fines for civil procedures, discharge, court martial, jail, even injury or death to themselves or others. The impact of alcohol misuse is felt by everyone, including you. For example, a person hosting a party on base leading to underage drinking, risks removal from base housing.

Our Team is blessed with talented, dedicated, and priceless individuals. We serve our country, each other, and our families. Together we can ensure our members retain the merit, fitness, and capability to defend our nation. I pledge to you a healthy, supportive, and safe base community.

Sincerely

EVAN J. HOAPILI, Colonel, USAF

F. E. Warren leaders are committed to promoting responsible drinking, but I need your help in this endeavor. If you, a family member, or friend needs assistance, many resources are available:

- Drug Demand Reduction Program (773-2879): Provides information and education on the consequences of drug use.
- Family Advocacy Program (773-4228): Addresses military family violence.
- Family Support Center (773-2241): Provides support services to families and recommendations for off-base resources.
- Life Skills Support Center (773-2998): Provides counseling for active duty members for personal, work, and family-related issues and alcohol and drug abuse prevention and treatment services.
- TRICARE Service Center (772-4020): Information and referral services for family members and dependents.

If you are a victim of domestic violence or sexual assault, whether alcohol-related or not:

- Victim/Witness Assistance Program, VWAP (773-2142)
- Law Enforcement Desk (773-3501)
- Air Force Office of Special Investigations (773-1852)
- Safehouse-Sexual Assault Services, Cheyenne (637-7233)

Web-based community resources and information:

- F. E. Warren's www.php-ids.com: Provides information on base and community resources.
- Alcoholics Anonymous www.alcoholics-anonymous.org
- Parents: The Anti-Drug at www.theantidrug.com